# PROFESSIONAL BEHAVIOR FOR HEALTHCARE PROFESSIONALS: AVOIDING THE "DISRUPTIVE PHYSICIAN" LABEL

Presented by:



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#### **OBJECTIVES**

- Identify what it means to be a disruptive physician
- Identify pitfalls of social media
- Identify acceptable and unacceptable professional behavior

### **DISRUPTIVE PHYSICIAN**

#### **DEFINITION**

- Disruptive behavior consists of a pattern of behavior that interferes with the physician's effective clinical performance
- Disruptive behaviors negatively impact the persons with whom the physician interacts
- The behaviors include inappropriate anger or resentment, inappropriate words or actions, and inappropriate responses to patients' needs or staff requests

# FOLLOW MEDICAL STAFF POLICIES

- Medical staff and hospitals develop behavioral standards
- Bylaws define appropriate and disruptive behavior
- Medical staff bylaws, policies and procedures should be consistent with hospitals' regulations, and with federal, state and local laws

#### HOW BEHAVIOR IS IDENTIFIED

- Patient complaints and surveys
- Peer assessments
- Reviews that utilize feedback from coworkers, including:
  - Physician peers
  - Nursing staff
  - Administrators

# YOU MIGHT BE A DISRUPTIVE PHYSICIAN IF...



# YOU MIGHT BE A DISRUPTIVE PHYSICIAN IF YOU...

- Yell
- Use foul and abusive language
- Publically criticize coworkers
- Insult or shame others
- Slam, throw or break objects
- Are physically aggressive

# YOU MIGHT BE A DISRUPTIVE PHYSICIAN IF YOU...

- Use hostile avoidance or the "cold shoulder"
- Intentionally miscommunicate
- Are unavailable for professional matters
  - Not answering pages from certain people
- Use implied threats
- Use racial jokes or slurs
- Joke about a person's appearance

### **DISRUPTIVE PHYSICIANS**

- Personality Traits
  - Highly-skilled
  - Well-read
  - Intelligent
  - Articulate
  - High-achieving
  - Confident

- Problem Traits
  - Arrogant
  - Intimidating
  - Controlling
  - Vindictive
  - Failure to self correct
  - Entitled

### IMPACT OF DISRUPTIVE PHYSICIANS IN THE WORKPLACE

- Lower staff morale
- Increased turnover
- Negative reputation of healthcare system
- Poor patient satisfaction
- Increased cost of care
- Lawsuits

### PERSONAL IMPACT OF BEING LABELED A DISRUPTIVE PHYSICIAN

- Being proven to be a disruptive physician may lead to:
  - Adverse action against clinical privileges resulting in a NPDB report
  - Action to drop the physician from insurance panels
  - Adverse action by the state medical board
  - Loss of specialty certification

# IF YOU ARE TAGGED AS A DISRUPTIVE PHYSICIAN

- Educate yourself about the issue
- Avoid conduct labeled as "disruptive behavior"
- Seek professional counseling
- Respond to the complaint, but do so with your attorney

#### **FALSE ACCUSATIONS**

- Bylaws should include a due process component
- Complaints should not be considered without a complaint verification process
- Bylaws should include an appeals process with an option for a fair hearing

### **SOCIAL MEDIA**

### PHYSICIANS USING SOCIAL MEDIA

- 87% use social media for personal use
- 67% use social media for professional purposes
- 35% have received friend requests from patients or their family members



















### USING SOCIAL MEDIA & SOCIAL NETWORKING IN MEDICAL PRACTICE

 Federation of State Medical Boards released "Model Policy Guidelines for the Appropriate Use of Social Media and Social Networking"

#### **PROFESSIONALISM**

- Physicians should:
  - Use separate personal and professional social networking sites, profiles and e-mails
  - Report any unprofessional behavior to the proper authorities
  - Observe the same standards of ethical conduct online that would be observed offline

# MEDICAL BOARD SANCTIONS AND DISCIPLINARY FINDINGS

- State medical boards have the authority to discipline for inappropriate online conduct, including:
  - Inappropriate communication with patients
  - Use of the internet for unprofessional behavior
  - Violations of patient confidentiality
  - Proof of impairment

# MEDICAL BOARD SANCTIONS AND DISCIPLINARY FINDINGS

- Including:
  - Failure to reveal conflicts of interest
  - Derogatory remarks regarding a patient
  - Depiction of intoxication
  - Using discriminatory language or practices

#### INTERACTING WITH PATIENTS

- Physicians should refrain from interacting with past or current patients on personal social media sites
- Never discuss information pertaining to the physician-patient relationship

#### PRIVACY/CONFIDENTIALITY

- Patient privacy and confidentiality must be protected at all times
- Physicians can discuss their clinical experience but should refrain from including details that may identify a patient

#### **DISCLOSURE**

 Physicians may write online about their experience as healthcare professionals, but they must reveal existing conflicts of interest and be honest about their credentials as physicians

#### **POSTING CONTENT**

- Physicians must realize that any information they post online can be disseminated without their consent to a huge audience
- Content can be taken out of context and will remain online forever

### DISCUSSION OF MEDICINE ONLINE

- Physicians must ensure that information exchanged on these sites remains confidential
- Physicians must ensure that nonphysicians do not rely on the online discussion as medical advice

# TIPS TO AVOID HIPAA VIOLATIONS IN SOCIAL MEDIA

- Don't talk about patients, even in general terms
  - "We had a fifty-year-old male in the ER last night with alcohol-induced liver disease."
- Do talk about conditions, treatments and research

# TIPS TO AVOID HIPAA VIOLATIONS IN SOCIAL MEDIA

- Don't be anonymous
- If you wouldn't say it in the elevator, don't put it online
- Check the tone of your social media presence
  - Be careful when complaining or joking

# TIPS TO AVOID HIPAA VIOLATIONS IN SOCIAL MEDIA

- Don't mix your personal and professional lives
  - Create separate professional pages
  - Don't friend patients
  - Check privacy settings

- Names
  - Including initials
- All geographical subdivisions smaller than a state
- All elements of dates (except year) for dates directly relating to an individual

- Phone numbers
- Fax numbers
- E-mail addresses
- Social Security numbers
- Medical record numbers

- Health plan beneficiary numbers
- Account numbers
- Certificate/license numbers
- Vehicle identifiers and serial numbers
- Device identifiers and serial numbers

- Web Universal Resource Locators (URL)
- IP address numbers
- Biometric identifiers
- Full face photographic images
- Any other unique identifying number, characteristic or code

### **HIPAA VIOLATIONS**

HIPAA Violation	Minimum Penalty	Maximum Penalty
Individual did not know (and by exercising reasonable diligence would not have known) that he/she violated HIPAA	\$100 per violation, with an annual max. of \$25,000 for repeat violations (Note: max. that can be imposed by State Attorney General regardless of the type of violation)	\$50,000 per violation, with an annual maximum of \$1.5 million
HIPAA violation due to reasonable cause and not due to willful neglect	\$1,000 per violation, with an annual maximum of \$100,000 for repeat violations	\$50,000 per violation, with an annual maximum of \$1.5 million
HIPAA violation due to willful neglect but violation is corrected within the required time period	\$10,000 per violation, with an annual maximum of \$250,000 for repeat violations	\$50,000 per violation, with an annual maximum of \$1.5 million
HIPAA violation is due to willful neglect and is not corrected	\$50,000 per violation, with an annual maximum of \$1.5 million	\$50,000 per violation, with an annual maximum of \$1.5 million

#### **HIPAA VIOLATION?**

- Facebook post from a OB/GYN
  - -"So I have a patient who has chosen to either no-show or be late (sometimes hours) for all of her prenatal visits, ultrasounds and NSTs. She is now 3 hours late for her induction. May I show up late to her delivery?"

#### **HIPAA VIOLATION?**

- Facebook post about patient with nickname "Benz" because her name was Mercedes
- Discussed diagnosis and treatment for oncoming physician

### PROFESSIONAL BEHAVIOR

#### **ACCESSING RECORDS**

- Do not access records of patients you are not seeing
  - Nurse fired for looking at Tiger Woods' medical records
- EMR tracking
  - Current case involving stalking by physician who looked up demo information for address hundreds of times

#### **BOUNDARY ISSUES**

- Investment/business relationships
- Reciprocal treatment agreements
- Prescription exchanges
- Treatment of friends and relatives in general
- Inter-office dating



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