

APPENDIX 27-4

**ADVANCED REGISTERED NURSE PRACTITIONER PROTOCOL  
(Psychiatric ARNP)  
(Per Rule 64B9-4, Florida Administrative Code (2007))**

**[Note: This is a sample for illustrative purposes only. Any such forms must be modified to individual skills, experience and circumstances. Consult a qualified health law attorney.]**

**I. Requiring Authority:**

Chapter 464, Florida Statutes (Florida Nurse Practice Act), Florida Administrative Code, Rule 64B9-4, and Section 458.348, Florida Statutes.

**II. Parties to Protocol:**

- A. **Jane Doe, ARNP, ARNP-99999**  
9999 99th St.  
Orlando, FL 32801
  
- B. **John Smith, M.D., # ME-1111** DEA number is: **BF-6666**  
6666 66th St.  
Orlando, FL 32801

**III. Nature of Practice:**

This collaborative agreement is to establish and maintain a practice model in which the nurse practitioner **Jane Doe, ARNP** will provide Psych/Mental Health services under the general supervision of Dr. John Smith. This practice shall encompass Psych/Mental health as applicable and shall focus on mental health screening, mental wellness, mental health education, mental health counseling, and the administration of non-controlled substances.

General Area of Practice, Including but not limited to various Out-patient settings (Offices), In-patient setting (Hospitals), PHP's, ECF's, SNF's, ALF's, and various residential treatment centers. **This protocol only pertains to offices and facilities where Jane Doe, ARNP is working under the direct supervision of Dr. Smith.**

**IV. Description of the Duties and management areas for which ARNP is responsible:**

Jane Doe, ARNP many manage the mental health care for those clients/patients for which he/she has been educated. A practitioner currently licensed under chapter 458, chapter 459, or chapter 466 shall maintain supervising for directing the specific course of mental health treatment. Within the established framework, an advanced registered nurse practitioner man:

- (a) Monitor and alter drug therapies.
- (b) Initiate appropriate therapies for certain psychiatric conditions.
- (c) Perform additional functions as may be determined by rule in accordance with sect.

464.003(3)(c).1., Fla. Stat. The observation, assessment, nursing diagnosis, planning, intervention, and evaluation of mental health care; mental health teachings and counseling of the ill, injured, or infirm; and the promotion of mental health wellness, and maintenance of good mental health.

(d) The nurse practitioner may perform any or all of the following acts within the framework of established protocol:

Manage selected mental health problems.

Establish behavioral problems and diagnosis and make treatment recommendations.

The administration of medications and treatments as prescribed or authorized by a duty licensed practitioner authorized by the laws of this state to prescribe such medications and treatments.

The supervision and teaching of other personnel in the theory and performance of any of the above acts.

Individual Psychotherapy, Group Therapy, Medication Management.

Evaluate patient on admission and conduct rounds.

Initiate referrals.

(e) The conditions for which the ARNP may initiate treatment include,, but are not limited to:

Psych/Mental Health: Depression, anxiety, psychosis, obsessive compulsive disorders, post traumatic stress syndrome, and other mental health disorders.

(f) Treatments that may be initiated by the ARNP, depending on the patient's condition and judgment of the ARNP:

Psych/Mental Health: Initial evaluation of patient, Individual/group/family psychotherapy, Medication management visits, Evaluation and management visits in the office, hospital, or other facilities.

(g) Additional Measures may be initiated by the ARNP:

Psychosocial and Physical History

Mental Status Exam and obtain medical history

Brief Neurological Assessment

Routine Admission and Discharge Orders Including referrals to other health care providers.

--re-initiate psychotropic medication

--special psychiatric precautions

Order routine lab and diagnosis tests such as CBC with Diff, TB, T4, TSH, Folate, B12 levels, EKG, Chest x-rays, urinalysis, RPR.

Order restraints, diets or dietary supplements

Assess, monitor and manage psychiatric disorders

Physical examinations  
Consultations and referrals  
Initiate, monitor, and alter medications and treatments within approved protocols  
Collect and interpret data  
Conduct rounds  
Appropriately refer to other specialities and disciplines  
Individual psychotherapy  
Group psychotherapy  
Marital and family therapy  
Psychiatric evaluations

(h) The following medication may be prescribed, initiated, monitored or altered by the A.R.N.P. in accordance with education and management protocols.

Antidepressants  
Mood stabilizers  
Antipsychotic agents  
Anxiolytics, non-narcotics  
Hypnotics, non-narcotics  
Antiparkinsonian agents  
Antihistamines  
Laxatives and stool softening agents  
Anticholinergics  
Smoking deterrents  
Non-narcotic analgesics  
Nonsteroidal Anti-inflammatory agents (NSAIDS)  
Vitamins  
Antidiarrheal agents  
Antacids  
Antiemetics  
Antibiotics  
Antifungal  
Antiviral  
Antiarrhythmic agents  
Antianginal agents  
Antihypertensive  
Anticonvulsants  
Respiratory agents  
Antidiabetic/Hyperglycemic agents  
Thyroid/Antithyroid agents  
Diuretics

Also included with the above noted medications is any prescription medication which is not listed as a controlled substance and which is within the scope of training and knowledge base of the nurse practitioner. **Controlled substances may NOT be prescribed by the ARNP.**

#### V. Descriptions of the duties of the physician:

**John Smith, M.D.** will provide supervision for routine mental healthcare and provide consultation and/pr accept referrals for complex mental health problems. **Dr. Smith** will be available by telephone through 24 hour service at (888) 852-6672 when not physically available on the premises. If **Dr. Smith** is not available, his associate

Dr. Jones, ME-4444 will serve as backup for consultation, collaboration and/or referral purposes.

**VI. Specific Conditions and Requirements for Direct Evaluation.**

Any psychiatric complication outside of the scope of the nurse practitioner's education and training will be referred to the physician for direct evaluation.

**VII. Signatures:**

All parties to this agreement share equally in the responsibility for reviewing treatment protocols as needed and no less annually.

\_\_\_\_\_  
Jane Doe, ARNP

\_\_\_\_\_  
John Smith, M.D.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

**NOTE:**

Practicing ARNPs must file a protocol at the time of renewal or when there are changes with the Board of Nursing. Alterations or amendments should be signed by all parties and filed with the Board within 30 days.

The protocol and any amendments or changes are to be mailed to the **ARNP Department, Board of Nursing, 4052 Bald Cypress Way, Bin #C02, Tallahassee, FL 32399-3252**. If there are no changes to the protocol, only a dated signature page is needed with a statement that there have been no amendments or changes since the last submission. A copy for each review period should be kept by each party for a period of four years. The supervising physician is responsible for submitting a notice to the Board of Medicine that he/she has entered into a supervisory relationship with an ARNP.