

The Accreditation Council for Graduate Medical Education's (ACGME's) "Common Program Requirements for Residency" (Effective July 1, 2019)

Section VI. (The Learning and Working Environment) specifies that residents and fellows should not be performing clinical duties more than 80 hours per week. It emphasizes this in several different places.

Section VI.F.1. ("Maximum Hours of Clinical and Educational Work per Week") states, for example:

Clinical and educational work hours must be limited to no more than 80 hours per week, averaged over a four-week period, inclusive of all in-house clinical and educational activities, clinical work done from home, and all moonlighting.

Section VI.F.2.b).(1) States:

There may be circumstances when residents choose to stay to care for their patients or return to the hospital with fewer than eight hours free of clinical experience and education. This must occur within the context of the 80-hour and the one-day-off-in-seven requirements.